

*Caring for a healthy
community*



SHUSWAP HOSPITAL
FOUNDATION

2014-2015
PROGRESS REPORT



SHUSWAP HOSPITAL FOUNDATION

*Together...we're
changing lives for
the better*

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Photography by Duncan Myers • Editorial by Fiona Harris and K. C. Jollymour • Production by Michelle Weisinger

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Caring for our community



SHUSWAP HOSPITAL FOUNDATION BOARD PRESIDENT

■ DOUGLAS MURRAY:

2014 has been another busy and exciting year for the Shuswap Hospital Foundation. We continue to strive to meet our purpose: to improve health care in the Shuswap by raising money through various means to support the Hospital and related Community Health Care Services; and to increase awareness and help develop responsible ownership for health care. The level of commitment, in dollars and volunteers, that our community has for health care never ceases to amaze me. It is with our community's continued support that we will ensure access to quality health care in our region (Sorrento to Sicamous).

In the course of the past year, the Shuswap Hospital Foundation has helped purchase over \$400,000 worth of equipment to increase the level of care for residents of the area. The foundation has facilitated a \$205,000 upgrade of the CT scanner, allowing it to run faster, more productively, and with the highest quality images. With the generous sup-

port of the Sandra Schmirler Foundation and EZ Rock, we were able to purchase an Infant Isolette Unit, keeping newborns in our community safe during their initial precious hours. We also helped fund equipment for both the Sorrento Nurse Practitioners Centre and the Shuswap Hospice Society.

None of the Shuswap Hospital Foundation's work would be possible without many wonderful partners and supporters. Our financial supporters continually make small and large donations to our community both direct to the Foundation and through our great partner organizations and supporters. Our thanks to those who supported the Shuswap Hospital Auxiliary and their second annual Footsteps for our Future walk; those who gave through a bequest in memory of a loved one who has passed away; and those who support the fundraising efforts of our local service clubs, like the Rotary Club of Salmon Arm who kicked off our CT Upgrade Campaign

with a two year \$20,000 pledge.

I would also like to thank our board and staff for continuing with their passion to serve Salmon Arm and the surrounding area. My thanks go to retiring board members Kathryn Vennard, Adele Ainsworth, and Addie Williams, a former nurse and long-time supporter. We know all three will continue to serve in the growing ranks of our marvelous volunteers.

Lastly, thank you to Joe Johnson, our now-Past President, for his hard work and dedication as we worked through both staffing changes and strategic planning in the past two years to position the Foundation to continue its great work.

For all our supporters, small and large, you really do make a difference to the level of health care in our area and I feel very privileged to be involved.



SLGH ADMINISTRATOR

■ PETER DUTOIT:

Again this past year, support from the Shuswap Lake Hospital Foundation to purchase needed hospital equipment has been vital to maintaining high quality patient care in the Shuswap and surrounding areas. The Foundation Board Members and Staff have been very supportive towards improved services at Shuswap Lake General Hospital, which has allowed us to be responsive to changing service needs for our patients.

Thank you to all the residents and corporations in our community who support the Shuswap Lake Hospital Foundation – you really do make a difference!



SHUSWAP MLA

■ GREG KYLLO:

The Shuswap Lake General Hospital is one of the premier healthcare facilities in B.C. helping people in the Shuswap and surrounding region live healthy and happy lives. I am impressed with the care and compassion of the dedicated staff who have such a strong passion in their work. I saw this first-hand when my first granddaughter was born earlier this year, and know that will remain the case when our next grandchild is born in March. I am proud to support the tireless work of the Shuswap Hospital Foundation. Thank you for all of the ongoing support to our hospital and our community.



51 3 St NE
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Another year of achievement



SHUSWAP HOSPITAL FOUNDATION

MEET OUR BOARD OF DIRECTORS



Doug Murray
President



Joe Johnson
Past President



Rob Marshall
Vice President



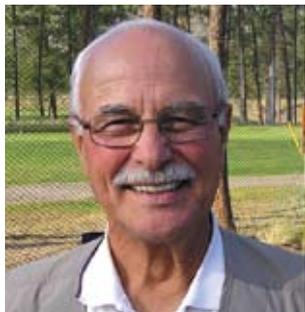
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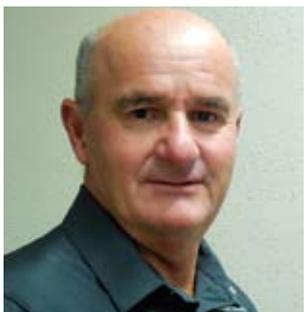
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Rick Hirtle
Director



Terry Sinton
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Dave Barnard
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Theresa Markowski
Director



Peter duToit
Hospital admin rep.



Gloria Lynd
Shuswap Lake Health
Care Auxiliary rep.

BOARD COMMITTEES

- Executive
- Marketing
- Fundraising
- Strategic Planning
- Regional Development



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Salmon Arm, BC V1E 4N5
(250) 832-9701

Looking after Foundation business

■ FIONA HARRIS DIRECTOR OF DEVELOPMENT

Fiona Harris, Director of Development, joined the Shuswap Hospital Foundation October 2013. Fiona came to the position with many years of experience in media, marketing and communications. She has also worked on fundraising with a number of health and non-profit organizations and now works with many of our community's groups, service organizations and business sector. "As a relatively new resident to our area, I am so impressed with the caring and support for the Shuswap Lake General Hospital as well as other community health care centres. Our community comes together to ensure that the best level of health care is available right here in the Shuswap area....a community to be proud of."



■ DIANA WALKER OFFICE ADMINISTRATION

Diana Walker joined the staff of Shuswap Hospital Foundation as Office Manager in May 2012. She has a background in health-care, having worked for 10 years at Vancouver General Hospital and 15 years at Shuswap Lake General Hospital. Her website management, online social media (Facebook), electronic newsletter, and computer skills are instrumental in helping us stay connected with the 7,000 donors we have in our electronic database. Diana's responsibilities include keeping the Foundation's donor records up-to-date, issuing tax receipts and taking minutes at board meetings. "I love my job," says Diana, "and enjoy meeting so many wonderful, generous donors who all make a tremendous difference in our local health care."



www.shuswaphospitalfoundation.org

The Foundation has focused the past two years on building our social media profile; including Facebook and YouTube. With the addition of a monthly newsletter, we believe we are in a better position to serve our donors efficiently, effectively, and without the added costs of mailing. Our donors make a difference so send us your email address to take advantage of the latest news about Foundation activities, equipment purchases and technological advancements. This year we have expanded our donation options to include recurring donations. Donors are now able to make monthly contributions online. For your comfort and security, the Foundation strictly abides by confidentiality regulations and does not share donor information with any other organization.

OUR *caring community*



HELPS PROVIDE HIGH-PRIORITY EQUIPMENT



Surgical areas require equipment updates on a constant basis to provide the highest level of care & comfort to hospital patients.



The portable x-ray unit really goes the distance. It enables medical staff to quickly and efficiently facilitate exceptional care wherever general x-ray is needed while minimizing patient discomfort.



This positioning system which supports patients during spinal procedures was donated by OR Nurse Susan Schmidt and her husband of ARK Masonry; an example of caring and dedicated personnel who recognize the safety benefits of such a unit for both patient and medical staff.



Cardio recline chair provides a calm and comfortable setting for patients during testing procedures.



It is through the generosity of donors such as Roy & Pamela Moor that the Foundation was able to purchase an Echo Ultrasound Portable heart monitor. Dr. Scott McKee was happy to demonstrate this much-needed device.



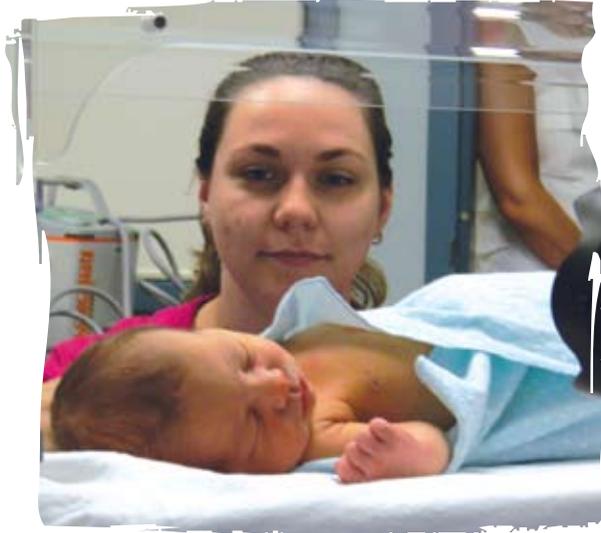
Nurse Allison New uses the fetal monitor, a vital instrument used during pregnancy through to final delivery of babies born at the hospital.



271 Ross St
Salmon Arm, BC V1E 3B8
(250) 832-8766



Dr. Stephen Hiscock shows that the laparoscopic unit provides visual clarity when performing minimally invasive surgeries. This second unit is able to improve the efficiency in the operating room for day surgery and patient care.



A generous community who participated in the EZ Rock Radiothon and a matching grant from the Sandra Schmirler Foundation enabled the purchase of an Infant Incubator Isolette for use with fragile babies who need to be stabilized.



A blanket warmer was contributed by Mrs. Dhaliwal in recognition of her daughter, Mandy Dhaliwal-Sumara, who passed away two years ago at the age of 30.

Recent purchases

| | |
|----------------------------|---------------------|
| Patient Positioning System | \$3,010.60 |
| Blanket Warmer | \$4,040.71 |
| Plasma Thawing System | \$6,167.80 |
| Sorrento Health Centre | \$12,712.00 |
| Fetal monitor | \$21,880.00 |
| Infant Incubator Isolette | \$25,600.00 |
| Laparoscopic Tower | \$50,690.00 |
| Portable X-Ray Unit | \$60,160.00 |
| CT Scanner Upgrade | \$205,000.00 |
| Total | \$389,261.11 |



The Sicamous Lab opened in 2013, with help from the Shuswap Hospital Foundation, and is able to provide much-improved lab service to the rural areas in and around Sicamous.



During summer months, patient visits to the ER nearly double in volume. The new trauma room x-ray unit was a welcome addition for staff and patients requiring immediate diagnostic services. Modern digital equipment truly improves the quality of analysis including patient care, safety and comfort.

Bowers
Funeral Service & Crematorium

440 10 St SW
Salmon Arm, BC V1E 1T1
(250) 832-2223

Together... we're making progress

THE CT SCAN UPGRADE NOW PROVIDES THE HIGHEST LEVEL OF DIAGNOSTIC ANALYSIS FASTER AND MORE EFFICIENTLY

This story starts in 2006, when our community was tasked with the seemingly insurmountable challenge of raising \$1.5 million to purchase a CT scanner for the Shuswap Lake General Hospital. As we are all proud to say, we rose together spectacularly to meet that challenge. In 2009, the CT scanner took up residence in a new \$25 million expansion for the emergency and diagnostic imaging departments. It has helped many of us with early and life-saving diagnoses. As of last year, our CT scanner had performed an estimated 20,000 scans and saved members of our community about \$2 million in travel expenses – it has practically paid for itself!

But the story doesn't end there. Last year the Foundation endorsed a \$205,000 CT scan upgrade, harnessing a CT scan technology breakthrough to increase patient care and well-being. The CT scan upgrade boasted a myriad of improvements:

- Greater efficiency and clarity of scans.
- Image reconstruction three times faster than previously possible.
- Further minimization of radiation levels for all patients, especially important when multiple scans are required.
- Optimization of patient care including heart & stroke treatments.

- Increasing accessibility for future hardware upgrades.
- Extension of the life of the unit for up to 10 years.
- 24/7 emergency service.

On July 14th of this year, the CT scanner upgrade was installed. The upgrade itself was seamless and took only three days. The technologists and staff were elated, and worked tirelessly during their training to keep the interruption of service to a minimum. We are so thankful for the generosity of the community in supporting the upgrade, and we know that the CT scanner will continue to serve us faithfully for years to come.



Dear Shuswap Lake Hospital Foundation:
On behalf of the Diagnostic Imaging Department at Shuswap Lake General Hospital, we would like to say a very large thank you for your support for the upgrade of the CT scanner. The upgrade has just recently been installed and we have had a chance to use the new technology. We are very happy with the results and we are confident that this will enhance the patient care we are currently providing. The Shuswap Lake Hospital Foundation's ongoing generous support allows us to continue to provide the highest level of care in the community.
Thank you again,
Dr. Kevin Beckner and
the entire Diagnostic Imaging Staff

WE NEED ANOTHER \$72,000 TO REACH OUR TARGET OF \$205,000. YOUR DONATIONS WILL HELP US!



Desjardins
Financial Security
Investments Inc.

272 Alexander St NE
Salmon Arm, BC
(250) 832-9966



5301 40 Ave SE
Salmon Arm, BC V1E 1X1
(250) 832-3480

Equipment Campaign 2014-2015

■ PROVIDING THE WAY TO HIGH-LEVEL PATIENT CARE



The bariatric bed (*above*) is a practical solution to ensure the care and comfort for mobility-challenged patients. It can be used as a standard hospital bed. Additional expansion in length and width accommodates the greatest range of patients.

The need for healthcare is timeless, beginning at birth and following us throughout our lives. Alas, timelessness is not universal. Healthcare equipment does not age quite as gracefully as we'd like. Equipment and facilities are worn down over time under the stresses of caring so tirelessly for our community. Often they are outstripped by advances in technology that are better able to support patient recovery, comfort, and overall well-being. If the need for healthcare is timeless, then the need for upgrading is inevitable.

For the past decade, the Shuswap Lake General Hospital has undergone significant reconstruction and replacement of equipment to ensure the hospital runs as efficiently and effectively as possible. But this

is just the beginning. There are two forthcoming phases of development, involving the OR and ICU departments, and home care services including seniors' care. Interior Health Authority is responsible for the infrastructure and annual hospital operating costs. The Shuswap Hospital Foundation supports IHA by funding priority equipment needs to assist in keeping our healthcare on the leading edge of patient comfort, health, and well-being.

The Foundation's Perpetual Health Legacy Fund was created to ensure that these funds can be raised in the next few years. The fund currently stands at \$106,000.00; the goal is to reach 1 million dollars over and above the average annual equipment needs. We look for your continued support in the quest to deliver the highest standards of care for all.

Items needed

| | |
|---------------------------|------------------|
| X2 Stryker Stretchers (2) | \$17,810 |
| Bariatric Bed | \$29,900 |
| Endo/Vag Probe | \$17,000 |
| Vein Finder | \$18,400 |
| ACL 9000 | \$60,100 |
| Sigma Infusion Pump (3) | \$15,600 |
| Medi-Therm System | \$10,000 |
| Total | \$168,810 |

The Medi-Therm system (*right*) is a patient warming and cooling system that the Foundation has recently elected to purchase. It will be necessary to raise \$10,000 to cover the cost of this equipment for the Shuswap Lake General Hospital. The Medi-Therm System will enable medical staff to ensure optimal patient temperature management due to issues such as hypothermia (the body has lost heat) or hyperthermia (the body is too warm). This system may be used in all areas of the hospital to assist in temperature management, such as coronary care unit, operating room, recovery room, and emergency department.



Fischer's
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(250) 833-1129

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1151 10 Ave SW
Salmon Arm, BC V1E 1T3
(250) 832-0441

Generous supporters... Caring

\$25,900 WAS RAISED TO ASSIST IN PURCHASING THE INFANT INCUBATOR ISOLETTE



Patrick Ryley of EZ Rock Radio thanks Marty Van der Pauw of Nico's Nurseryland for the donation of a beautiful prize basket of flowers.



Arthur from Arthur's Gem Set Studio sold 199 cubic zirconias and one diamond. You had to guess which one was the diamond! Arthur's Gem Set Studio donated the proceeds – over \$2,000 – to the Shuswap Hospital Foundation.



Shuswap Hospital Foundation's Diana Walker, Adele Ainsworth, Duncan Myers, Addie Williams, and volunteer Kathy Brown help with collecting donations.



Nurses take blood samples and test blood pressure on site at the 2014 Radiothon.



Every year, the Tim Hortons Smile Cookies Campaign supports pediatrics at the hospital. A big Thank You for all those Smile Cookies purchased!



The Sorrento Lions Club has assisted the Foundation over the years and to date has donated over \$175,000. Treasurer John Howat is a proud Sorrento Lions member.



Investors Group dedicates funds each year through their matching program. We appreciate their hard work and volunteerism.

donors... Inspiring volunteers...



Fun for all at the annual Hospital Auxiliary Walk! Monies raised from the walk assist greatly in equipment purchase.



"Kindness Matters" when a group of young students displayed at the Shuswap Lake General Hospital, encouraging kindness to each other.



Board members Dr. Maureen McTavish and Gloria Lynd tempted folks with cookies during the 2014 Tim Hortons Smile Cookies Campaign.



Sadly, local "Santa" Noel McClelland passed away this year. He was a very generous supporter of our Foundation and brought much joy at Christmas time. We shall all miss him.



The Knights of Columbus are thoughtful and generous supporters of the Shuswap Hospital Foundation. Bruno Geiger proudly makes a presentation to Shuswap Hospital Foundation President Joe Johnson.



Cherries for Charity Group presented the Shuswap Hospital Foundation with a cheque for \$1,500. The fruits of their labour will certainly benefit patient care at the Shuswap Lake General Hospital.



THE PURCHASE OF A NEW INFANT INCUBATOR ISOLETTE

The support of a caring community during the 2014 EZ Rock Radiothon, coupled with a matching grant from the Sandra Schmirler Foundation, enabled the Shuswap Hospital Foundation to purchase a new infant incubator isolette for the Shuswap Lake General Hospital. The existing incubator was 20 years old and definitely needed to be replaced. This much-needed piece of equipment was presented to the hospital in August 2014, just three months after the call went out to the community to raise the funds. Many future parents will be thankful for the generosity within our community today.

Shuswap Lake HEALTH CARE AUXILIARY

For over 100 years, Shuswap Lake Health-Care Auxiliary members have been providing support for patients and residents of healthcare facilities with compassion and comfort. They have 88 active members and one honorary member.

Their program includes the following:

- Providing greeting services and assistance for the ER and outpatient surgery patients.
- Operating the gift shop which is well-stocked with a great variety of items including handmade gifts.
- Providing comfort packages for ER patients as required.
- Providing children with crayons and a colouring book to ease waiting time boredom.
- Providing new clothing to trauma room patients as needed.
- Sponsoring the youth healthcare volunteers.



Shuswap Lake Health Care Auxiliary welcome and provide information for all visitors and patients on a daily basis at the Shuswap Lake General Hospital.

They fundraise for care and comfort items and hospital/health-care facility equipment. Fundraisers include a spring garage, book and bake sale, a bake sale for hospital staff in early December, and Christmas gift wrapping by donation at the Mall at Piccadilly.

They offer two scholarships of \$1,000 each to graduating youth healthcare volunteers planning on furthering their education in healthcare. Funding is provided for conferences and special events in recognition of their commitment. Robin Greencorn is the Coordinator of Hospital Volunteer Services as well as the Youth Volunteer program coordinator. The students (formerly known as Candy Strippers) now include many young men. They volunteer many hours at Bastion Place providing food delivery, chatting with patients, and helping where needed.



Comfort packages are provided by our Health Care Auxiliary for Emergency Room patients.



SHUSWAP LAKE HEALTH-CARE AUXILIARY

- President 2014-15** Edie Swanson
Vice President 2014-15 Donna Good
Past President Gerry Bradwell
Treasurer Glenda Lepine
Secretary Joan Willey
Auxiliary Director to the Foundation Gloria Lynd



Bastion Place will be happy to receive the furniture donation from our Health Care Auxiliary.

FOOTSTEPS FOR OUR FUTURE MOTHER'S DAY WALK FOR WOMEN'S HEALTH



"Footsteps for Our Future" is an annual fundraiser by the Shuswap Lake Health-Care Auxiliary in cooperation with the Shuswap Hospital Foundation. The proceeds are earmarked for purchase of equipment and/or programs for Shuswap Lake General Hospital as determined by the Auxiliary.

A successful second annual "Footsteps for Our Future" walk/run was held on May 11, 2014. An energetic and happy crowd of people of all ages arrived and a great time was had by all. \$6500 was raised at the walk and other donations have been received since.

The Shuswap Lake Health-Care Auxiliary wish to extend a big thank you to all those businesses and individuals who supported this worthwhile event. They look forward to next year's walk.



Inspiring stories



■ LAVERNE DUBOIS



There is a phrase often used when discussing strokes – “Time is brain.” The faster a stroke is identified and treated, the less likely the patient is to suffer any permanent physical or intellectual deficits. Minutes can make an enormous difference

to a patient’s quality of life. This is a situation Laverne Dubois understands all too well.

On the morning of October 15, 2013, Laverne began to feel unsteady while out gardening. The last thing Laverne remembers is developing severely limited upward vision and her husband Ray helping her into the kitchen. She refused to sit down and started to argue with an increasingly concerned Ray, but the situation escalated when she looked at him and said, “Who are you? What are you doing in my house?” Ray immediately called 911.

Minutes later, the ambulance arrived and Laverne was whisked away to the Shuswap Lake General Hospital. Having been radioed about her condition, hospital staff suspected a stroke. The blood clot in her brain had to be dissolved within 90 minutes of the onset of symptoms to ensure a full recovery. The staff called a technician, started a saline intravenous solution, and Laverne was taken to the CT scanner. The scan confirmed the stroke and hospital staff were able to immediately administer the clot-dissolving medication. An hour later, Laverne was beginning to remember. Three days later, she was allowed to return home.

Laverne suffered no physical or intellectual deficits. She needed no rehab or other treatment after leaving the hospital. All she was, thankfully, was a little tired. The CT scanner saved her life, and the proximity of the scanner meant that no time was wasted before the stroke was diagnosed and treatment begun. She was determined to pay her good fortune forward by helping the Shuswap Hospital Foundation raise the funds to upgrade the CT scanner. Well Laverne, we’re proud to say that, together, we’ve succeeded!

■ KEN SMITH



“Be a part of the best-kept secret in town.”

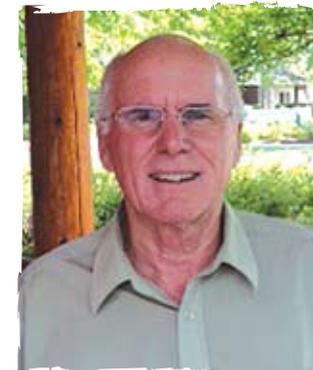
That’s what Blind Bay resident Ken Smith had to say about our incredible health care system after an all-too-close brush with a “90% ‘widow-maker’ [cardiac] block-

age” in late 2013. After some mild heartburn – and at the insistence of his wife – Ken was in to see Dr. B late one Monday afternoon. Within 10 minutes, Ken had been referred to Dr. M at Shuswap Lake General Hospital for a stress test bright and early the following morning. Within 24 hours of seeing Dr. B, Ken had done the treadmill stress test and received an ECG, a CT scan, and full blood work.

He says the hospital staff had an “infectious approach and attitude [that] greatly reduced any stress that I might have otherwise felt about the uncertainty that I faced.” They were accommodating, cheerful, informative, and reassuring as they stabilized Ken and prepped him for surgery. He even made the rather incredible statement that he enjoyed the food! By Thursday morning, he was off to the cardiac centre in Kelowna where a specialized team placed two stents in his cardiac arteries to resolve the blockage. Ken goes so far as to say the experience was actually made fun by the cheerfulness of the team.

Ken asks, “Do you believe in miracles?” He sure does. He thanks the hospital staff from the bottom of his fully-functional heart for giving him the greatest gift one could ever receive for Christmas.

■ JACK BOWERS



Local resident Jack Bowers recently experienced a life-threatening cardiac incident. With Jack’s wife performing CPR, Jack arrived at Emergency at the Shuswap Lake General Hospital in a coma and in

critical condition. He was immediately placed in an area with ice packed around him to protect his brain and cardiac system. It was vitally important to keep Jack’s body temperature at an optimum level to enable treatment. Jack stated “everything was done in a critical timeline.” The outcome was extremely successful and three weeks later, Jack was back at work, exercising and living with a passion! “I am extremely grateful to each healthcare professional for their efforts” says Jack. Following a request from the Shuswap Lake General Hospital for a system that will enable medical staff to quickly and efficiently control hypothermia or hyperthermia without the use of ice packs or fans, the Shuswap Hospital Foundation has now committed funds for the purchase of a Medi-Therm system. This high-priority equipment will be a much-welcomed addition to the Shuswap Lake General Hospital.

Did you know..?

100% of cancer care outpatients rated their quality of care at Shuswap Lake General Hospital as very positive or excellent. That’s higher than Interior Health’s average!

Caring for the community



■ RESIDENTIAL COMMUNITY CARE

Approximately 650 patients receive up to 550 hours of in-home support weekly to allow them to remain independent and in their own homes as long as possible.

Shuswap-Revelstoke Home Health Manager Russ Ballance is encouraged daily by the services provided by the community care team here in Salmon Arm. These include almost 60 home support workers, a Recreation Therapist, Activity Workers and 15 nurses, in addition to administrative support.

The 'Home is Best' mandate is the focus of these provided services. This includes both teaching and supporting clients at home to prevent hospitalization, facilitating respite care, and providing a robust Adult Day Service (Harmony Haven) that is a respite program.

"We also coordinate referrals for those clients who can no longer remain at home and require the services at a residential home as well as provide palliative care services for the client

and their families," says Russell. Clients are seen in the Community Clinic (previously the Ambulatory Nursing Clinic) so that wound care dressings can be changed or other services offered without having to go the GP office or the hospital. Although the nursing team is a part of all these services, the nurses also assist clients in navigating the health care system and offering assistance in their decision-making.

■ COMMUNITY INTEGRATED HEALTH SERVICES

Report by Kirstine Hill, Administrator

These programs are all part of CIHS: Community Care, Prevention and Promotion, Mental Health and Substance Use, Primary Care, Aboriginal Health Services.

A focus of CIHS is to provide care in the community in a way that improves the quality of people's lives while keeping them out of acute care and avoiding ER visits. Doing this reduces the need for more beds at the hospital which is the most expensive place for people to receive care. Over the past year we have provided additional clinical supports in the community through the Breathe Well and Mental Health and Substance Use Intensive Case Management programs. The evaluation of these programs has shown them to be effective in improving the patient and provider experience of care and

supporting people to manage better in the community with less reliance on acute care. These programs were implemented as prototypes to test new ways to improve the delivery of primary health care services and are funded until March 2015. Decisions will be forthcoming from the Ministry of Health and Interior Health as to their continuation.

Our initiative to improve the provision of palliative care locally has moved forward in a positive way. The implementation working group has completed many of the actions and recommendations laid out in the plan which arose from the community consultation in 2012/2013. The Palliative Care Coordinator continues to work with our healthcare services to lead and develop end-of-life care. The

Shuswap Hospice Society has been engaged to complete an inventory of services and has developed a website to provide access to this information by the community. Specialized mattresses and lifts were purchased for use by palliative care clients to enable them to be better cared for at home. A business consultant has been hired to assist us in developing a business model which will support a model for end-of-life care specific to our community.

The partnership of the Sorrento and Area Community Association and Interior Health to develop a Nurse Practitioner-led clinic has been effective in improving access to care for residents in that area. Judy Deringer, who is the NP, reports she has a full caseload.



100 Hudson Ave NW
Salmon Arm, BC V0E 2T0
(250) 832-2263

We care for our seniors



There are beds in the hospital – though sometimes whilst in the waiting room, this may seem hard to believe – but they're temporary places for the sick, where visits are often fleeting and most wishes are for home. For many, a bed in a hospital isn't a good fit for their needs. There are alternatives called community-integrated health services, and they're designed to more efficiently meet different levels of continuous care than the hospital. Given a referral, a nurse can make an assessment, and a complex or assisted living facility can be chosen by the patient and/or family to help meet the patient's needs. Bastion Place, Hillside Village, Mount Ida Mews, and Piccadilly Care Centre are all such complex care fa-

cilities operated by Interior Health. Similarly, Pioneer Lodge is an assisted living facility owned and operated by the Good Samaritan Society. But beyond the neatly-groomed gardens and inside the grey-washed walls, none of these facilities are simply "facilities," they're homes. They contain people and families of every sort imaginable, and house great conversation, riveting narratives, quiet reflections, artistic expressions, songs and dances, puzzles and games, baking and high tea, and people who are ready for just about any other exploration you'd like to undertake. After all, healthcare isn't just antibiotics – it's emotional, spiritual, and mental, just as much as it is physical.



A key element in the senior care is Harmony Haven, an adult day services program and a part of Shuswap Home Health Services. It is a place for our community's seniors and elders who are experiencing challenges in their physical, mental, or social well-being. The program is based on a social or clubhouse model of caring, and focuses on providing a balance of stimulating social, physical, and mental leisure time activities to promote

well-being. The nurses and care aids may be dressed in scrubs, the physiotherapists may look ready to hit the gym, and the recreation therapy workers may look too dressed up to help muddle with paint, but the common thread is this: facility staff strive to be every bit as much family as those the residents may not get to see every day. They want to help, they want to support, and they want to make people smile.



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Building a legacy of caring



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Fred & Marilyn Emmerzael

"Our hospital is a vital part of our community and therefore we feel a strong desire to support it. We hope that our support can make a difference in our community through giving to Shuswap Lake General Hospital through the Shuswap Hospital Foundation."



Wilbert & Shirley Stewart

Wilbert & Shirley have needed to use the Shuswap Lake General Hospital over the years, sometimes in emergency situations. "We feel that it is now time to give back by making a donation to the CT scan upgrade."

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Reaching out



■ SORRENTO NURSE PRACTITIONERS OFFICE

The Sorrento & Area Community Health Centre is extremely proud of the advancements they have been able to achieve since opening their doors to the community on November 18, 2013, and wish to thank the Foundation for its part in that success. With the help and support of the community and agencies such as the Foundation, who supported the purchase of medical equipment and office furnishings, they have succeeded beyond their expectations.

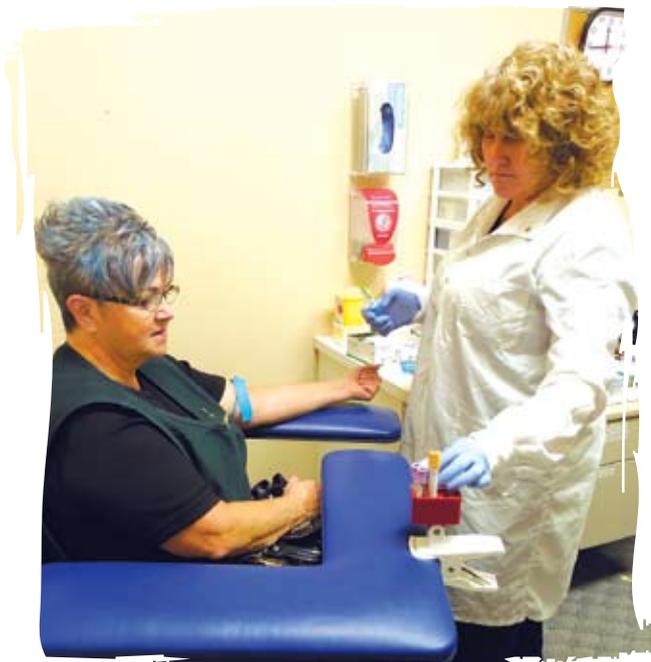
For the first six months, they had a team of volunteers providing reception. In June, they hired a half-time Medical Office Assistant, and with the financial support of Interior Health, the assistant is now working the clinic's open hours, 9:00 to noon and 1:00 to 4:00 pm, Monday to Thursday.

To qualify for charitable status through the Canadian Revenue Service, it was necessary to form a society. On April 22, they became the Sorrento & Area Community Health Centre Society and were approved for charitable status. They can now provide a tax-deductible receipt for donations.

It soon became apparent that they were an established part of the fabric of the community and could not simply shut the doors when the Nurse Practitioner, Judy Deringer, was absent. So they applied for and received a billing number through MSP, allowing them to have physician locums fill in. This provides a continuing service but with a standard 30% of the revenue going to overhead, providing a small revenue stream.

Because the Society is responsible for the overhead, they charge a facility fee when individuals seek uninsured services such as driver's license medicals, or if they are not insured through MSP. This provides another small revenue stream.

Nurse Practitioner Judy Deringer is smart, thorough, intuitive and friendly. The community loves her. She has had over 600 files in seven months. She and the engaged, appreciative community have contributed greatly to the initial success of the office. And so too has the support, both financial and public, of the Shuswap Hospital Foundation, for which the Sorrento & Area Community Health Centre Society is deeply appreciative.



■ SICAMOUS LAB

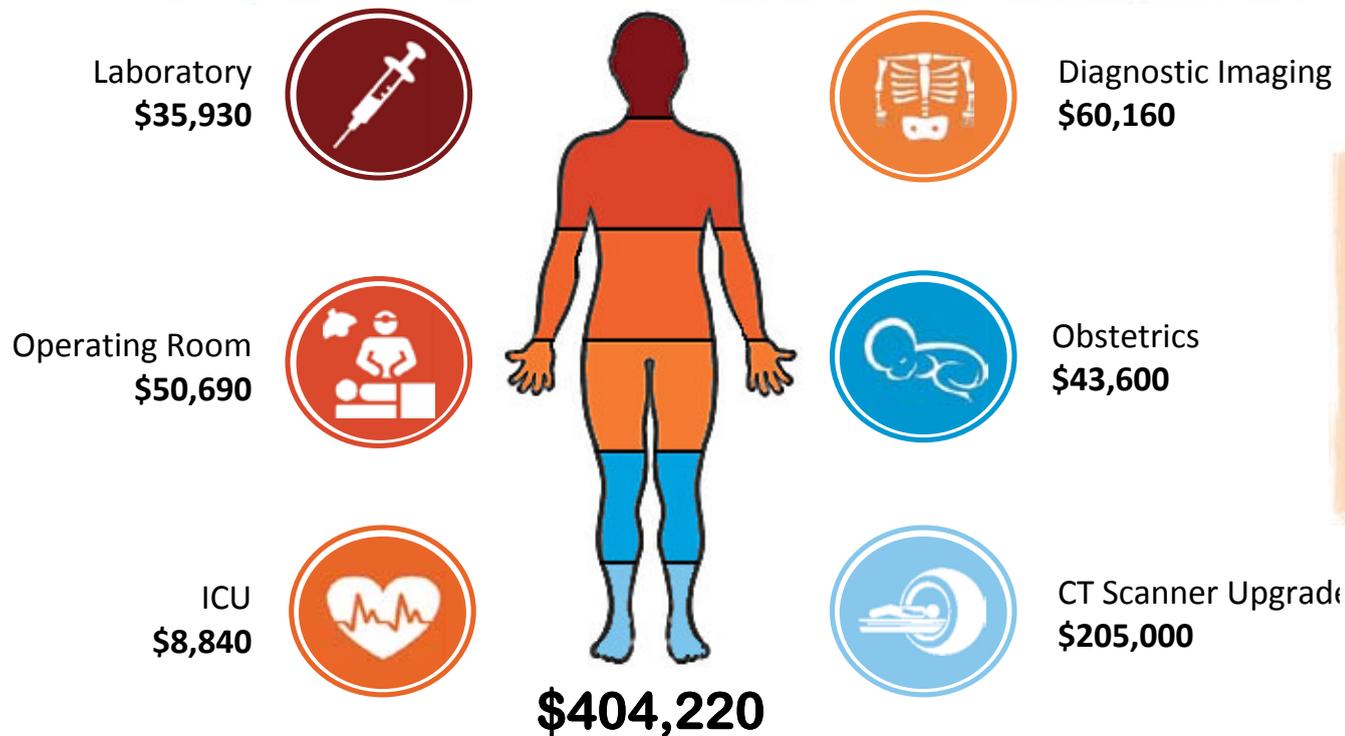
The Sicamous lab opened two years ago much to the gratitude of not only those in the Eagle Valley, but Salmon Arm's residents as well. Previously, patients had to make the trek to the Salmon Arm lab for services – particularly arduous in the winter, and ever a problem for frailer or older patients or those without regular access to a car or other transport. Now, patients in the Eagle Valley can go to the Sicamous lab. The option is much closer to home and thus considerably more convenient for patients needing regular blood monitoring or other tests. The addition of the Sicamous lab has certainly helped ease the strain on everyone.

Dr. Beech at the Sicamous Medical Clinic used to provide lab services primarily to patients at the clinic, but the area wasn't as easily accessible to everyone as the new dedicated lab. While Dr. Beech still supplies these services, the Sicamous lab is a more appropriate alternative for primary care. In any given week, the lab serves about 45–60 people on the half-day it is open, and it has certainly become an asset for the community. The Shuswap Hospital Foundation is proud to have helped fund the lab, and hopes it will continue to be a useful resource for those in need.



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Your gifts in action



Did you know..?
 Interior Health was the very first organization in Western Canada to receive an Energy & Environment Stewardship Award for its excellent environmental and sustainability practices.



WAYS TO LEAVE A LEGACY OF HOPE

- Be sure to make a will and make clear your intentions rather than allowing others to decide for you. Documents and wording templates are readily available to complete the transaction based on your philanthropic wishes. Consult with your legal representative and family.
- Meet with your accountant, lawyer, or financial advisor to determine the appropriate type of gift that meets your financial goals.
- Donate shares, securities, property, and other investment instruments and take advantage of capital gains tax benefits. This is a positive way to maximize estate-planning objectives.
- Donate an insurance policy by naming the Shuswap Hospital Foundation as the beneficiary. This is a very practical way to make a significant impact without diminishing other assets.
- Shuswap Community Foundation Endowment Fund is another way to support the hospital. Create an endowment with the Shuswap Community Foundation. Only the annual interest on the fund is disbursed.



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Recognition of generosity and caring

PAYING TRIBUTE TO YOUR GENEROSITY ON THE FOUNDATION'S RECOGNITION WALL AND SCROLLING MONITOR



RECOGNITION WALL

The artistic rendition of the sockeye salmon run was adopted as the Foundation's unique recognition wall theme, and recognizes in perpetuity the generosity, compassion, and caring of donors in various categories determined by monetary amount.



Founder:
Platinum fish
\$100,000+



Patron:
Gold fish
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Benefactor:
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Partner:
Bronze fish
\$5,000-\$9,999



RECOGNITION MONITOR

The Recognition monitor includes all donors who have contributed to the Foundation since 2003; this includes Friends from \$25 to \$4,999.

MEMORIAL TRIBUTES

When a donation is made of \$2,000 or more, you may wish to take advantage of the unique way in which we pay tribute and honour those who mean so much to us. The monitor allows the Foundation to respectfully give recognition to loved ones and provides the opportunity to display a picture with words of remembrance in perpetuity. The touch screen directory provides an easy way to quickly access any donor name.

IN HONOUR TRIBUTES

In Honour tributes are recognized with a picture and message. This is a wonderful way to pay tribute to those who have excelled in their role of service in the community and caring for others. Or, you may wish to pay tribute for a special anniversary, birth in the family, or wedding. In addition, the Foundation will send an appropriate card on your behalf to recognize the occasion.

Help to create a legacy...

It's a simple way to be a part of improving the quality of health care in the Shuswap. The Shuswap Hospital Foundations Legacy Fund is a simple and practical way to ensure that the Foundation is building a perpetual fund for future needs of the hospital, including the next phase for the ICU and operating room renovations and expansion.

This will require significant capital spending on equipment. As an ideal way to fulfill personal charitable giving interests, you will be able to take advantage of generous tax incentives available that support planned giving and estate planning goals—a win-win for all.



*Together... we can make a difference to
health, hope, and healing in our community
Your generous donations assist in providing
best possible patient care in the Shuswap area
Together... we're making health care better*



Addie Williams with Chris and Margreta Dyke



William Pringle and his daughter Donna Sookraj

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